

RIVER CITY ALLERGY & MEDICAL

GUIDELINES FOR ALLERGY TESTING

1. PLEASE REFRAIN FROM WEARING PERFUME/COLOGNES, SCENTED BODY LOTIONS, AFTER SHAVE, HAIR SPRAYS, CLOTHES WASHED IN GAIN DETERGENT, OR ANYTHING THAT MAY HAVE A STRONG SCENT DUE TO ALLERGIC REACTIONS OF OTHER PATIENTS TO THESE CHEMICALS.

2. PLEASE DO NOT ENTER OUR OFFICE AFTER SMOKING OR BEING IN A CAR WITH SOMONE WHO SMOKES.

3. BRING OR WEAR A SHORT SLEEVE SHIRT WITH YOU ON THE DAY OF TESTING.

4. DO NOT TAKE ANY MEDICINE THAT MAY CONTAIN ANTI-HISTAMINES, BROPHENIRAMINES, CHLORPHENIRAMINES, DIPHENHYDRAMINES, OR TRIPTOLIDINE HYDROCHLORIDE, OR MEDICINES THAT STATE ALLERGIES, COLDS, NIGHTTIME OR PM FOUR DAYS PRIOR TO TESTING AS THESE MAY RESULT IN INACCURATE TEST RESULTS. SOME MEDICATIONS TAKE LONGER THAN 4 DAYS TO GET OUT OF YOUR SYSTEM. PLEASE CHECK THE MEDICINE LIST PROVIDED OR CALL YOUR PHARMACIST IF YOU ARE UNSURE OF YOUR MEDICATION.

5. NO EATING OR DRINKING IS PERMITTED DURING TESTING. PLEASE EAT BEFORE YOU ARRIVE FOR TESTING. WATER IS PERMITTED.

6. PLEASE CONTACT THE OFFICE AND ASK FOR THE ALLERGY LAB AT 256-547-4971 OR 1-800-872-7304 TO SCHEDULE ALL ALLERGY TESTING OTHER THAN 1ST VISIT.

**LAB ONLY PATIENTS PLEASE SIGN IN AT THE FRONT DESK THEN REPORT TO THE ALLERGY LAB FOR YOUR TESTING.

LIST OF MEDICATIONS THAT INTERFERE WITH ALLERGY TESTING:

DO NOT TAKE FOR FOUR DAYS PRIOR TO TESTING.

ACTIDIL
ACTIFED
ADVERT
ALAVERT
ALKA-SELTZER PLUS
ALLEGRA
ALLEREST
AMBENYL
ANAMINE
ANTIVERT
ARISTOCORT
ASTELIN
ATARAX
BENADRYL
BREXIN
BROCON
BENYLIN
BROMFED
CHLOR-TRIMETON
CITRA
CLARINEX
CLARITIN
CODIMAL
COMHIST
COMTREX
CONTACT
CO-PYRONIL
CORICIDIN
CORIFORTE
CORILIN
DEMAZIN
DECONAMINE
DIMETAPP
DISOPHROL
DRAMAMINE
DRISTAN
DRIXORAL
EXCEDRIN PM
EXTENDRYL
FEDAHIST
FEDRAZIL
FIOGESIC
FORHISTAL

4-WAY NASAL SPRAY
HISMANOL- 30 DAYS PRIOR
HISPRIL SPANSULE CAPS
HISTABID
HISTA-CLOPANE
HISTADYL
HISTASPAN
HISTEX
ISOCHLOR
KRONOHIST
MAXI-TUSS
M-END DM SYRUP
MSC TRIAMINIC LODRANE
NALDECON
NALEX
NAPRIL
ND CLEAR DECONGESTANT
NEOTAP
NOLAMINE
NOVAHISTINE
NYQUIL
OPTIMINE
ORNADE
PANTANASE
PBZ EXPECTORANT
PERIACTIN
PEDIACOF
PHENERGAN
POLARAMINE
RHINEX
RHINOSYN
ROBITUSSIN PM
RONDEC
RU-TUSS
RYNATAN OR R-TANNATE
RYNATUSS PEDS
SELDANE
SINE-OFF
SINAREST
SINOVAN
SINULIN
SINUTAB
SUDAFED PLUS
TAGAMET
TACARYL

TAVIST
TELDRIN
TRIAMINIC
TRIAMINICIN
TRIAMINICOL
TRITEN
TUSSEGESIC
TUSSAMINIC
TUSSIONEX
TYLENOL PM
URINUS
VANEX
VISTARIL
VIROMED
ZYRTEC
XYZAL

HERBS ALSO CONTAIN SOME NATURAL ANTI-HISTAMINES FOR ALLERGIES
AND COLD. CHECK LABEL. ECHINACEA IS ALSO A NATURAL
ANTI-HISTAMINE.